

### BECAUSE YOUR MOST VALUABLE ASSET IS FIRST AND FOREMOST **HUMAN**



## 5 specialties. 5 ways to ergonomics!



### MANUAL MATERIAL HANDLING

- + Principles & foundations (e-learning)
- + Training Supervised practice
- + Safe working methods
- + Manual material handling coaches

Complete program
Manual material handling



### **OFFICE ERGONOMICS**

- + Office ergonomics: Everywhere (e-learning)
- + Workstation adjustments
- + Preventive assessment
- + Conference
- + Office ergonomics coaches



# APPRO

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### LAYOUT

- + Support counselling and advice
- + Workstation design and review
- + Continuous improvement projects
- + Training



### DISABILITY AND

- + Rehabilitation ergonomics
- + On-the-job coaching
- + Temporary assignment
- + Physical demands analysis



### ERGONOMIC RISK ASSESSMENT

- + Ergonomic diagnosis
- + Ergonomic risk analysis
- + Ergonomic risks assessment (e-learning and in-person training)

#### **E2**

- + E2 Professionnal
- + E2 Business
- + E2 Business Multisite
- + E2 Business 360

entrac.ca ergo.entrac.ca e2ergo.com



### At Entrac, it's part of our DNA to always offer more:

#### REPUTABLE and SOLID EXPERTISE

It's no secret that our expertise is based on best practices and the latest advances. Founded by two passionate experts, the team is supported by accredited human resources advisors — CHRA. Benefit from the largest team of certified ergonomists in Quebec.

#### **EXPERIENCE and KNOW-HOW**

Since 1995, more than 166,000 workers have been trained and over 44,000 workstations are now ergonomically redesigned. We know what to do, when to do it, how to do it and why to do it. We make life easier for businesses in all sectors of Quebec City and Montreal, across the province and across Canada.

#### Service on the HUMAN SCALE

By being proactive, we put in all the necessary energy to understand your organizational issues and your operational culture. We listen to your needs. Our goal: to give you the results you are looking for. More than 95% of our customers recommend us to their friends and colleagues.

#### VERSATILITY and quick access to our certified professionals

Do you need us? In an emergency, we can open and close a file in less than ten days. Our 5 specialties give you access to a complete range of services that are adapted to your operations. By using an objective and rigorous approach, as well as efficient and robust processes. In ergonomics at work, we are the partner of choice.

#### PEACE OF MIND and our satisfaction GUARANTEE

We guarantee your satisfaction. Nothing less.



Approved by the Commission des partenaires du marché du travail as an organization trainer, according to the *Loi* sur les compétences.



